



Home meal/ Grocery Delivery



Ajax

COMMUNITY CARE DURHAM AJAX-PICKERING

Katrina Van Rhee
1420 Bayly St., Unit #6
Pickering, ON
L1W 3R4

Tel: 905-837-0017

Fax: 905-837-7535

Hours: Call to arrange for meals
Mon-Fri 8:30am-4:30 pm

Information:

- Meals on Wheels provided:
 - Hot meal delivery: 5 days a week, between 11:15am and 1pm
 - Frozen meal delivery: weekly
- To help people live at home with a network of support from caring communities
- Open to adults, seniors and individuals 16 years and older with needs related to physical disability, aging and/or mental health
- Dining together: once a month

Beaverton

BEAVERTON MEALS ON WHEELS

Barb Godfrey Herel
75 Nine Mile Rd., Apt#121
Beaverton, ON
L0K 1A0

Tel: 705-426-5907 (Carol Thompson)

Hours: Call to arrange for meals
Mon-Fri 8am-5pm

Information:

- Meals on Wheels provided: hot meal delivery on Mon, Wed & Fri at noon.
- Meals for seniors and physically challenged adults living within the boundaries of Beaverton

Bowmanville

COMMUNITY CARE CLARINGTON

Meals on Wheels Service Coordinator
26 Beech Ave.
Bowmanville, ON
L1C 3A2

Tel: 905-623-2261

Fax: 905-623-2604

Hours: Call to arrange for meals
8:30am-4:30pm

Information:

- Meals on Wheels provided:
 - Hot meal delivery: 5 days a week at noon
 - Frozen meal delivery: once a week
- Services those who are isolated, live alone and have difficulty preparing nutritionally balanced meals
- Open to seniors age 60 years+ and adults 18 years and older with physical challenges. Special diets can





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	<p>be accommodated.</p> <ul style="list-style-type: none"> • Dining Together: once a month. Closed June- August
Cannington	
<p>COMMUNITY CARE DURHAM CANNINGTON Joanne Lloyd 1 Cameron St. E., Box 176 Cannington, ON L0E 1E0</p> <p>Tel: 705-432-2900 Fax: 705-432-3362 Hours: Call to arrange for meals Mon-Fri 8:30am-4:30pm</p>	<p>Information:</p> <ul style="list-style-type: none"> • Meals on Wheels provided: <ul style="list-style-type: none"> ○ Hot meal Delivery: Mon- Fri 4:30pm ○ Frozen meal delivery: monthly • Provide services to help seniors and the disabled remain in their own home • Open to adults 16 years and older with physical disabilities and their caregivers. Van access.
Oshawa	
<p>COMMUNITY CARE DURHAM <i>Vicki Kent</i> 45 Bloor St. E., Unit #1 Oshawa, ON L1H 3L9</p> <p>Tel: 905-434=1691 Fax: 905-434-9877 Hours: Call to arrange for meals Mon-Fri 8:30am-4:30pm</p>	<p>Information:</p> <ul style="list-style-type: none"> • Meals on Wheels provided: <ul style="list-style-type: none"> ○ Hot meal Delivery: Mon- Fri 10:30am-1pm ○ Frozen meal delivery: Thurs only • Open to adults 16 years and older with needs related to physical disability, aging and/or mental health
<p>BRAEMOR GARDEN FRESH MARKET <i>Delivery Coordinator</i> 385 Stevenson Rd. N. Oshawa, ON L1J 5N5</p> <p>Tel: 905-728-9119 Fax: 905-728-4194 Hours: Mon-Wed 9am-7pm Thurs & Fri 9am-8pm Sat 9am-6pm Sun 10am-5pm</p>	<p>Information:</p> <ul style="list-style-type: none"> • Grocery delivery to Oshawa and Whitby Mon to Fri. Nominal fee for delivery. Help can be provided to unpack groceries. • Call between 9am-12pm for same-day delivery. Fruit baskets, gift baskets and party platters are also available.





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Port Perry	
<p>COMMUNITY CARE DURHAM SCUGOG <i>Jenny Yorgason</i> 181 Perry St. (Lower Level) Port Perry, ON L9L 1B8</p> <p>Tel: 905-985-8461 Fax: 905-985-0313 Hours: Call to arrange for meals Mon- Fri 8:30am-4:30pm</p>	<p>Information:</p> <ul style="list-style-type: none"> • Meals on Wheels provided: <ul style="list-style-type: none"> ○ Hot meal Delivery: \$5.80 a meal on Mon, Wed & Fri ○ Frozen meals: \$30.00 for 7 meals delivered every other Tues. • For clients of community care • Dining Together: \$7.00 a meal, once a month in Blackstock and Port Perry
Uxbridge	
<p>UXBRIDGE COMMUNITY CARE <i>Lorie Houston</i> 75 Marietta St., Unit#1 Uxbridge, ON L9P 1K7</p> <p>Tel: 905-852-7445 Fax: 905-852-7879 Hours: Call to arrange for meals Mon- Fri 8:30am-4:30pm</p>	<p>Information:</p> <ul style="list-style-type: none"> • Meals on Wheels provided: <ul style="list-style-type: none"> ○ Hot meal Delivery: Mon-Fri ○ Frozen meals: every 2 weeks • Services are for community care clients who live in Uxbridge Township
Whitby	
<p>COMMUNITY CARE DURHAM WHITBY <i>Kim Evans</i> 114 Dundas St. E., Unit#6 Whitby, ON L1N 2H7</p> <p>Tel: 905-668-6223 Fax: 905-668-7190 Hours: Call to arrange for meals Mon- Fri 8:30am-4:30pm</p>	<p>Information:</p> <ul style="list-style-type: none"> • Meals on Wheels provided: <ul style="list-style-type: none"> ○ Hot meal Delivery: \$5.80 a meal Mon-Fri ○ Frozen meal delivery: biweekly- \$30.00 for 7 entrees or 5 entrees with either soup or desserts • Serving people who live independently in Whitby, are elderly, disable or have special needs
Throughout Durham Region	
<p>GROCERYGATEWAY.COM <i>Customer Service</i></p> <p>Tel: 1-877-447-8778 Hours: Mon-Fri 7am-10pm</p>	<p>Information:</p> <ul style="list-style-type: none"> • Grocerygateway.com is a grocery delivery service serving most areas of Durham Region. Groceries can be ordered by telephone or online at





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Sat 7am-3pm

Website: www.grocerygateway.com

www.grocerygateway.com.

- Provides service to Pickering, Ajax, Whitby, Oshawa and parts of Brooklin
- There is a delivery fee of \$9.95. A minimum order of \$45.00 is required. Delivery times depend on where you live.
- Groceries can be delivered right to your kitchen! Visit the website or phone to arrange delivery!

